



CuraScript Specialty Pharmacy
**Clinical Programs
and Outcomes Guide**

Making
Amazing Outcomes
possible.



Clinical Programs and Outcomes Guide

CuraScript Specialty Pharmacy provides highly personalized care to patients with chronic, often serious health conditions requiring certain types of injectable, infused, oral and inhaled medications. Our personal approach to care allows us to understand patients, which means we can achieve better therapy adherence and better health outcomes.

SPECIALTY CARE MANAGEMENT PROGRAMS

CuraScript's specialty care management programs guide our path to knowing and understanding each patient. Our programs are evidence-based, disease-specific, and focus on adherence to drug therapy. The goal of each program is to improve patients' health by ensuring optimal compliance with the prescribed medication regimen, minimizing waste and helping prevent emergency room visits and other avoidable medical costs.

Our clinical programs are designed to:

- 1. Reduce unnecessary drug and medical costs by improving patient adherence and education**
- 2. Improve patient health by consistently monitoring and assessing the patient**
- 3. Enhance the relationship between the healthcare provider and patient**

For patients with specific, chronic conditions, CuraScript provides access to proactive services designed to help them get the most from their medications. The conditions addressed by our programs include bleeding disorders, hepatitis, multiple sclerosis, oncology, psoriasis and psoriatic arthritis, rheumatoid arthritis, and respiratory syncytial virus (RSV). CuraScript's specialty care management programs provide comprehensive patient care that goes well beyond the retail pharmacy and supports the doctor's prescribed therapy regimen.

In addition to the advanced clinical and financial reporting that we offer plan sponsors, our patient services include:

- Access to specially trained nurses and pharmacists who can talk with patients about their condition, response to medication, potential side effects, any new symptoms, and adherence with therapy



We Can Help

One client followed our recommendation to implement Exclusive CuraScript and our Base and Supplemental prior authorization programs, and saved \$1.1 million in one year.



"I am impressed with the efficient, courteous service I have received from CuraScript."

— PATIENT IN CURASCRIP'T'S SPECIALTY CARE MANAGEMENT PROGRAM

CuraScript Services continued

- A toll-free number that lets patients talk with specialty pharmacists — 24 hours a day, seven days a week — for urgent medication needs
- Educational materials by mail and online that give patients the most current information about how to effectively manage their conditions
- Access to a professional staff of social workers who provide emotional support and help identify local community assistance programs
- Coordination with patient assistance programs offering financial and other helpful benefit information

At CuraScript, we define our success as positive health outcomes for patients and the satisfaction of plan sponsors. We work with doctors, health-plan sponsors and pharmaceutical companies to deliver best-in-class specialty care management programs, and improve the quality of life for patients.

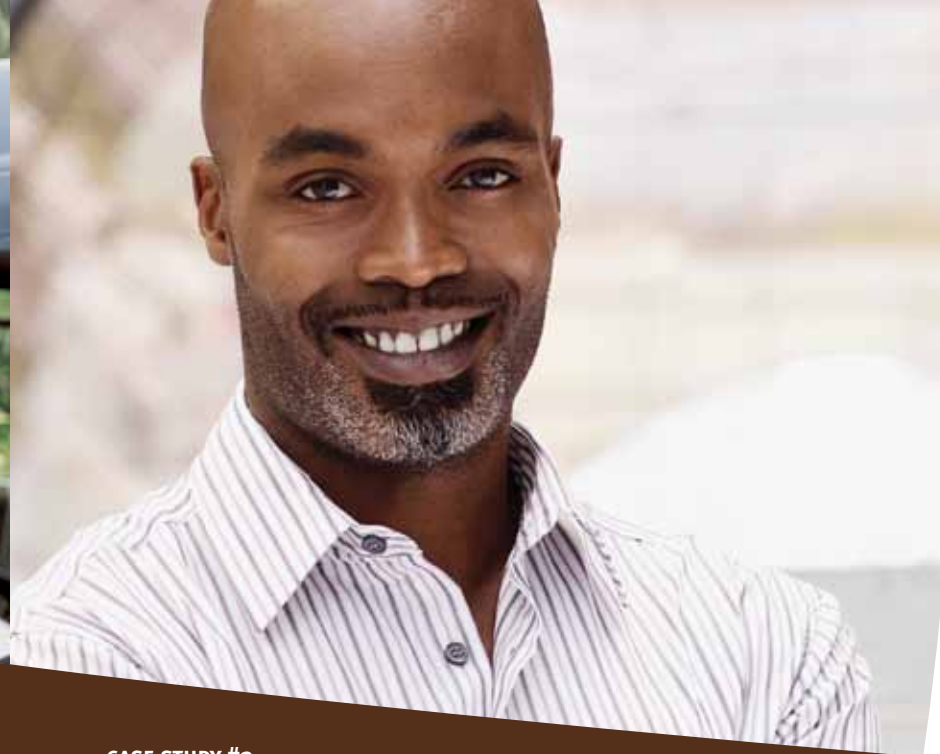
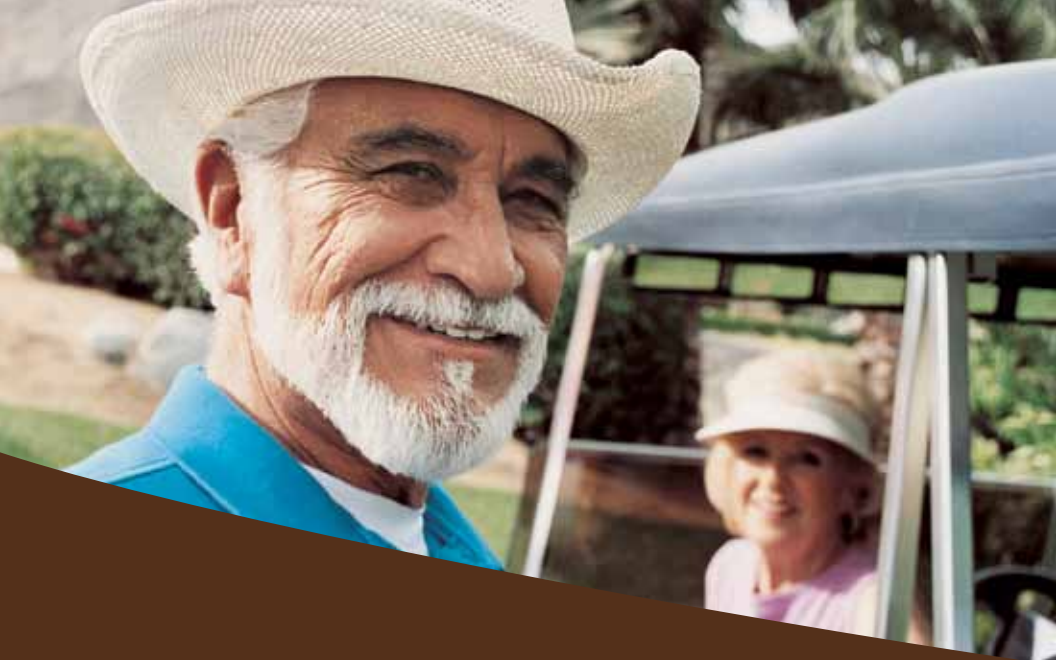


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Our services – and our dedication to better health for patients – lead to amazing outcomes. The real-life patient stories here illustrate CuraScript's clinical excellence and ability to deliver superior patient care.

CASE STUDY #1

A **hepatitis C** patient – new to CuraScript, but four months into his treatment – talked to one of our nurses about experiencing shortness of breath, weakness and dizziness. The nurse immediately recognized his complaints as possible symptoms of anemia, a serious side effect of the medication. She instructed the patient's wife to get him to a physician immediately. The physician quickly ordered adjunctive medication to treat the anemia. The patient didn't know this was a potential side effect of his medication. If the CuraScript nurse had not educated the patient, he could have been hospitalized.



Patients in CuraScript's specialty care management programs receive excellent tools and resources for improved quality of life.

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CASE STUDY #2

A patient's wife called CuraScript out of concern for her husband, who was being treated for **multiple myeloma**. He was experiencing severe abdominal pain – enough to stop him from normal activities – that had persisted for several days. The patient did not want to visit his doctor's office because it was 100 miles away. Our clinician reviewed the side effects of the medication, and determined that the medication and his symptoms were not related. She impressed upon the patient the risks of unchecked abdominal pain. The patient finally agreed to visit the emergency room, which was the right decision: he had an intestinal blockage that could have been fatal.

CASE STUDY #3

A **psoriasis** patient filled his prescription at retail, but never began therapy. He contacted CuraScript two months later to talk about benefits. Our patient care advocate learned that the patient was concerned that he could not afford the medication, that he wasn't comfortable injecting himself, and that he was afraid of the possible side effects. In response, CuraScript provided him with the information for a patient assistance program, which saved him \$4,000/year; coordinated injection training; and reviewed the potential of severe adverse effects and how best to manage them. Because of the service CuraScript provided, the patient began adhering to his drug therapy schedule as directed by his doctor.



Improved therapy compliance translates to lower costs for clients and better quality of life for patients.

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CASE STUDY #4

A **rheumatoid arthritis** (RA) patient came to CuraScript after already treating his condition for two years through another pharmacy. Our nurse who admitted him to our program reviewed our routine questions, informing him that his medication could compromise the immune system. She reminded him that he should contact his doctor if he experienced any problems. As it turned out, the patient didn't know about this side effect: He had developed symptoms of infection and been hospitalized twice the previous year for pneumonia. If he had been a patient with CuraScript, he would have been repeatedly educated on the side effects of his medication and discussed them with his doctor.



For more information, contact your account team or call 888.773.7376 today.

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