

2012 Welborn Health Plans Preventive Drug List

Prescription Drugs: You Make the Choices, We Make it Easy

Preventive Prescription Drugs: A Good Choice

Prescription drugs that can help keep you from developing a health condition are called *preventive prescription drugs*. They can help you maintain your quality of life and avoid expensive treatment, helping to reduce your overall healthcare costs.

If your doctor prescribes a preventive prescription drug, you pay only a percentage of the total cost – right from the beginning.

Is Your Drug a Preventive Prescription Drug?

The following is a list of the most commonly prescribed preventive drugs. The list is not all-inclusive and does not guarantee coverage. Not all the drugs listed are covered by all prescription-drug benefit programs; check your benefit materials for the specific drugs covered and the copayment information for your prescription-drug benefit program.

For the member: Generic drugs are listed in lower case letters. Example: atenolol. Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.

Brand-name drugs are listed in CAPITAL letters. Example: TENORMIN. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

Some drugs are marked with a symbol “^”. The symbol ^ next to a drug signifies subject to nonpreferred status when generic is available throughout the year.

For the physician: Please prescribe preferred (Preventive) products and allow generic substitutions when medically appropriate. Thank you.

NOTE: This list does not indicate coverage. You or your doctor may be asked to prove that the drug you're taking is being used for prevention. This list does not include all conditions that may be prevented with preventive prescription drugs or all preventive drugs available. Your plan sponsor believes that these drugs satisfy the requirements for preventive care as outlined by the U.S. Treasury Department but cannot ensure that the Treasury Department would agree that all of these drugs satisfy the definition of preventive care.

PREVENTIVE MEDICATIONS

The following list of drugs represents the preferred medications under the Preventive care list. Preferred medications are generic or brand-name drugs available to members at the lower cost.

A	aminophylline	bisoprolol fumarate	colestipol hcl
acebutolol hcl	amlodipine besylate	bisoprolol-	COMBIVENT [QLL]
ACTONEL [QLL]	amlodipine besylate-	hydrochlorothiazide	cromolyn sodium neb
<i>ACTONEL WITH CALCIUM</i>	benazepril*	bumetanide	solution
ACTOPLUS MET^ [QLL] [ST]	atenolol	<i>BYETTA</i> [PA] [QLL]	
ACTOS^ [QLL] [ST]	atenolol-chlorthalidone		D
ADVAIR DISKUS [QLL]	atorvastatin* [QLL]		diltiazem er
ADVAIR HFA [QLL]	ATROVENT HFA [QLL]	C	diltiazem hcl
ADVICOR [QLL]		captopril	DIOVAN^ [ST]
afeditab cr	B	captopril-	DIOVAN HCT^ [ST]
albuterol sulfate	benazepril hcl	hydrochlorothiazide	dipyridamole
albuterol tabs	benazepril hcl-hctz	chlorthalidone	
alendronate sodium [QLL]	BENICAR [ST]	cholestyramine*	
amiloride hcl	BENICAR HCT [ST]	cholestyramine light*	E
amiloride hcl-hctz	betaxolol hcl	cilostazol	enalapril maleate
		clonidine	enalapril maleate-hctz

(continued)

THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2012 THROUGH DECEMBER 31, 2012. THIS LIST IS SUBJECT TO CHANGE.

Check your benefit materials for copayment information. Copayments vary based on formulary status.

For specific questions about your coverage, please call the phone number printed on your ID card.

You can get more information and updates to this document at our website at www.express-scripts.com.

eplerenone
EVISTA

F

felodipine er
fenofibrate*
FLOVENT DISKUS [QLL]
FLOVENT HFA [QLL]
folic acid 1 mg
FORADIL [QLL]
FOSAMAX PLUS D
fosinopril sodium
fosinopril-
hydrochlorothiazide
furosemide

G

gemfibrozil
glimepiride
glipizide
glipizide er
glipizide-metformin*
GLUCAGEN
GLUCAGON EMERGENCY KIT
glyburide
glyburide micronized
glyburide-metformin hcl
guanabenz acetate
guanfacine hcl

H

HUMALOG
HUMALOG MIX 50/50
HUMALOG MIX 75/25
HUMULIN
HUMULIN 70/30
HUMULIN R

hydrochlorothiazide

I

indapamide
ipratropium bromide* [QLL]
ipratropium-albuterol*
isradipine*

J

jantoven
JANUMET [QLL] [ST]
JANUVIA [QLL] [ST]

L

labetalol hcl
LANTUS cartridge, solostar
LANTUS vial
lisinopril
lisinopril-
hydrochlorothiazide
losartan
lovastatin [QLL]

M

metformin hcl
metformin hcl er
methyclothiazide
methyldopa
methyldopa-
hydrochlorothiazide
metoprolol succinate
metoprolol tartrate
metoprolol-
hydrochlorothiazide
moexipril hcl*
moexipril-
hydrochlorothiazide*

N

nadolol
nadolol-
bendroflumethiazide
NIASPAN
nicardipine hcl*
nifediac cc*
nifedical xl*
nifedipine er*
NOVOLIN
NOVOLOG
NOVOLOG MIX 70/30

P

pediatric multi-vit
w/fluoride
pediatric multi-vit
w/fluoride & iron
pentoxifylline
pindolol
PLAVIX^
PRANDIN
pravastatin sodium [QLL]
prenatal vitamin (generic)
prevalite*
PROAIR HFA [QLL]
propranolol hcl
propranolol hcl w/hctz
PULMICORT [QLL]

Q

quinapril hcl
quinapril-
hydrochlorothiazide

R

ramipril

S

SEREVENT [QLL]
simvastatin [QLL]
SINGULAIR^ [ST]
sotalol
SPIRIVA [QLL]
spironolactone
spironolactone-hctz
SYMBICORT [QLL]
SYMLIN [PA] [QLL]

T

terbutaline sulfate tab
theophylline
tolazamide*
tolbutamide
torsemide
trandolapril
trandolapril-verapamil*
triamterene-hctz

V

VENTOLIN HFA [QLL]
verapamil er
verapamil hcl
VYTORIN

W

warfarin sodium

Z

zafirlukast*
ZETIA

KEY

Drugs listed in *ITALICIZED CAPITAL* letters are nonformulary brand-name drugs.

Generic drugs listed with the symbol "*" are offered for a Level 2 copayment.

The symbol ^ next to a drug name signifies that it is subject to nonformulary status when a generic is available throughout the year.

The symbol [PA] next to a drug name indicates that Prior Authorization may apply to some or all strengths of the drug.

The symbol [QLL] next to a drug name indicates that the drug has a Quantity Level Limit on some or all strengths.

The symbol [ST] next to a drug name indicates that Step Therapy may apply to some or all strengths of the drug.

For the member: Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.

For the physician: Please prescribe preferred products and allow generic substitutions when medically appropriate. Thank you.

Brand-name drugs are listed in CAPITAL letters.

Generic drugs are listed in lower case letters.

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