

2012 Welborn Health Plans Preventive Drug List by Therapy Class

Prescription Drugs: You Make the Choices, We Make it Easy

Preventive Prescription Drugs: A Good Choice

Prescription drugs that can help keep you from developing a health condition are called *preventive prescription drugs*. They can help you maintain your quality of life and avoid expensive treatment, helping to reduce your overall healthcare costs.

If your doctor prescribes a preventive prescription drug, you pay only a percentage of the total cost – right from the beginning.

Is Your Drug a Preventive Prescription Drug?

The following is a list of the most commonly prescribed preventive drugs. The list is not all-inclusive and does not guarantee coverage. Not all the drugs listed are covered by all prescription-drug benefit programs; check your benefit materials for the specific drugs covered and the copayment information for your prescription-drug benefit program.

For the member: Generic drugs are listed in lower case letters. Example: atenolol. Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.

Brand-name drugs are listed in CAPITAL letters. Example: TENORMIN. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

Some drugs are marked with a symbol “^”. The symbol ^ next to a drug signifies subject to nonpreferred status when generic is available throughout the year.

For the physician: Please prescribe preferred (Preventive) products and allow generic substitutions when medically appropriate. Thank you.

NOTE: This list does not indicate coverage. You or your doctor may be asked to prove that the drug you're taking is being used for prevention. This list does not include all conditions that may be prevented with preventive prescription drugs or all preventive drugs available. Your plan sponsor believes that these drugs satisfy the requirements for preventive care as outlined by the U.S. Treasury Department but cannot ensure that the Treasury Department would agree that all of these drugs satisfy the definition of preventive care.

PREVENTIVE MEDICATIONS

The following list of drugs represents the preferred medications under the Preventive care list. Preferred medications are generic or brand-name drugs available to members at the lower cost.

CARDIOVASCULAR MEDICATIONS

ACE Inhibitors

benazepril hcl
captopril
enalapril maleate
fosinopril sodium
lisinopril
moexipril hcl*
quinapril hcl
ramipril
trandolapril

ACE Inhibitors & Calcium Channel Blocker Combinations

amlodipine besylate-
benazepril*

trandolapril-verapamil*

ACE Inhibitors & Thiazide/Thiazide-Like

benazepril hcl-hctz
captopril-hydrochlorothiazide
enalapril maleate-hctz
fosinopril-hydrochlorothiazide
lisinopril-hydrochlorothiazide
moexipril-hydrochlorothiazide*
quinapril-hydrochlorothiazide

Adrenolytics-Central & Thiazide Combinations

methylodopa-
hydrochlorothiazide

Angiotensin II Receptor Antagonists

BENICAR [ST]

DIOVAN^ [ST]
losartan

Angiotensin II Receptor Antagonists & Thiazides

BENICAR HCT [ST]
DIOVAN HCT^ [ST]

Antiadrenergic Antihypertensives

clonidine
guanabenz acetate
guanfacine hcl
methylodopa

Beta Blocker & Diuretic Combinations

atenolol-chlorthalidone
bisoprolol-hydrochlorothiazide
metoprolol-hydrochlorothiazide

nadolol-bendroflumethiazide
propranolol hcl w/hctz

Beta Blockers

acebutolol hcl
atenolol
betaxolol hcl
bisoprolol fumarate
labetalol hcl
metoprolol succinate
metoprolol tartrate
nadolol
pindolol
propranolol hcl
sotalol

Calcium Channel Blockers

afeditab cr
amlodipine besylate

(continued)

THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2012 THROUGH DECEMBER 31, 2012. THIS LIST IS SUBJECT TO CHANGE.

Check your benefit materials for copayment information. Copayments vary based on formulary status.

For specific questions about your coverage, please call the phone number printed on your ID card.

You can get more information and updates to this document at our website at www.express-scripts.com.

diltiazem er
diltiazem hcl
felodipine er
isradipine*
nicardipine hcl*
nifediac cc*
nifedical xl*
nifedipine er*
verapamil er
verapamil hcl

Diuretics

amiloride hcl
amiloride hcl-hctz
bumetanide
chlorthalidone
eplerenone
furosemide
hydrochlorothiazide
indapamide
methyclothiazide
spironolactone
spironolactone-hctz
torsemide
triamterene-hctz

HMG CoA Reductase Inhibitors

atorvastatin* [QLL]
lovastatin [QLL]
pravastatin sodium [QLL]
simvastatin [QLL]

Hypolipoproteinemics

ADVICOR [QLL]
cholestyramine*
cholestyramine light*
colestipol hcl
fenofibrate*
gemfibrozil
NIASPAN
prevalite*
VYTORIN
ZETIA

ENDOCRINE MEDICATIONS

Antidiabetic - Amylin Analogs

SYMLIN [PA] [QLL]

Biguanides

metformin hcl
metformin hcl er

Calcium Regulators

ACTONEL [QLL]
ACTONEL WITH CALCIUM
alendronate sodium [QLL]
EVISTA
FOSAMAX PLUS D

Diabetic Other

GLUCAGEN
GLUCAGON EMERGENCY KIT

Dipeptidyl Peptidase-4

Inhibitors & Combos

JANUMET [QLL] [ST]
JANUVIA [QLL] [ST]

Incretin Mimetic Agents

BYETTA [PA] [QLL]

Insulin

HUMALOG
HUMALOG MIX 50/50
HUMALOG MIX 75/25
HUMULIN
HUMULIN 70/30
HUMULIN R
LANTUS cartridge, solostar
LANTUS vial
NOVOLIN
NOVOLOG
NOVOLOG MIX 70/30

Insulin Sensitizing Agents

ACTOS^ [QLL] [ST]

Meglitinide Analogues

PRANDIN

Sulfonylurea-Biguanide Combinations

glipizide-metformin*
glyburide-metformin hcl

Sulfonylureas

glimepiride
glipizide
glipizide er
glyburide
glyburide micronized
tolazamide*
tolbutamide

Thiazolidinedione-Biguanide Combinations

ACTOPLUS MET^ [QLL] [ST]

NUTRITION & BLOOD MODIFIERS

Coumarin Anticoagulants

jantoven
warfarin sodium

Folic Acid/Folates

folic acid 1 mg

Hematorheologic Agents

pentoxifylline

Ped Mv W/ Fluoride

pediatric multi-vit w/fluoride
pediatric multi-vit w/fluoride & iron

Platelet Aggregation

Inhibitors

cilostazol
dipyridamole
PLAVIX^

OBSTETRICAL & GYNECOLOGICAL MEDICATIONS

Prenatal Vitamins

prenatal vitamin (generic)

RESPIRATORY MEDICATIONS

Adrenergic Combinations

COMBIVENT [QLL]
ipratropium-albuterol*

Anti-Inflammatory Agents

cromolyn sodium neb solution

Beta Adrenergics

albuterol sulfate
albuterol tabs
FORADIL [QLL]
PROAIR HFA [QLL]
SEREVENT [QLL]
terbutaline sulfate tab
VENTOLIN HFA [QLL]

Bronchodilators - Anticholinergics

ATROVENT HFA [QLL]
ipratropium bromide* [QLL]
SPIRIVA [QLL]

Leukotriene Modulators

SINGULAIR^ [ST]
zafirlukast*

Steroid Inhalants

ADVAIR DISKUS [QLL]
ADVAIR HFA [QLL]
FLOVENT DISKUS [QLL]
FLOVENT HFA [QLL]
PULMICORT [QLL]
SYMBICORT [QLL]

Xanthines

aminophylline
theophylline

KEY

Drugs listed in *ITALICIZED CAPITAL* letters are nonformulary brand-name drugs.

Generic drugs listed with the symbol "*" are offered for a Level 2 copayment.

The symbol ^ next to a drug name signifies that it is subject to nonformulary status when a generic is available throughout the year.

The symbol [PA] next to a drug name indicates that Prior Authorization may apply to some or all strengths of the drug.

The symbol [QLL] next to a drug name indicates that the drug has a Quantity Level Limit on some or all strengths.

The symbol [ST] next to a drug name indicates that Step Therapy may apply to some or all strengths of the drug.

For the member: Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.

For the physician: Please prescribe preferred products and allow generic substitutions when medically appropriate. Thank you.

Brand-name drugs are listed in CAPITAL letters.

Generic drugs are listed in lower case letters.

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