

***** The Importance of Preventive Care *****

Welborn Health Plans encourages members to receive Preventive Care services. Preventive Care Services are defined by Welborn Health Plans and include the “evaluation and management of an individual including an age and gender appropriate history, examination, counseling/anticipatory guidance/risk factor reduction, and the ordering of appropriate immunization(s), and laboratory/diagnostic procedures – *when no symptoms exist and there is no diagnosis of disease.*”

If an abnormality/ies is encountered or a preexisting problem is addressed in the process of performing this preventive medicine service, that service may be covered and billed separately.

Covered Preventive Services – Below are some examples:

Pediatric Preventive Services	Adult Preventive Services
Preventive exams including well child visits.	Preventive exams including well woman exam.
Immunizations: Measles, Mumps, Rubella (MMR) Diphtheria, Tetanus, Pertussis, Hemophilus (DTaP-HIB) Polio Rotavirus Hepatitis A&B Influenza Pneumonia Meningococcal Human Papilloma Virus (HPV) Varicella (Chicken Pox)	Immunizations: Diphtheria, Tetanus, Pertussis Influenza Pneumonia Hepatitis A&B Human Papilloma Virus (HPV) Polio Meningococcal Zoster (Shingles)
Preventive Screening: Hearing and Vision Screening, Newborn screening for certain metabolic, hemoglobin and thyroid disorders.	Preventive Screening: Screening for Breast, Cervical, Colon and Prostate cancers; Osteoporosis and abdominal aortic aneurysm screenings; sexually transmitted infection screening; Routine blood and urine screening associated with annual physical exams.
Newborn Prevention of Gonorrhea.	

For additional information, please visit www.welbornhealthplans.com to access a detailed listing of Adult, Childhood & Prenatal Preventive Health Guidelines.

CUSTOMER SERVICE DEPARTMENT

(812) 426-6600 ♦ (800) 521-0265